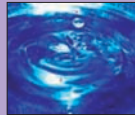


## About Me

I graduated from the Burren School of Homeopathy in 1995. In my final year I set up practice in O'Beirns pharmacy and ran a busy private practice for 7 years until I moved my practice to my home in Ballinderreen, Kilcolgan. I moved back home to Clare a year ago and set up a local practice. I have worked with many people with various conditions from birth to death and diseases in between in the last 13 years. I have also worked with entire families being their primary care practitioner.

I have been lecturing in Homeopathy since 1996 and now I also run my own Galway College of Homeopathy. Please visit our website [www.galwayhomeopathy.com](http://www.galwayhomeopathy.com) for more information on our 4 year training course.



## About the practice

For appointments please contact me and/or leave a message Monday to Friday 0930 to 1700.

Outside of these hours I take calls for urgent acute conditions only. I try to stay with these hours where possible however having treated children for so many years I find they are not so co-operative in throwing their acutes during a working day!!!

## Fees

*Initial consultation* (1-2 hours) € 85.00

*Follow up consultation* (up to 1 hour): € 60.00

### *Acute conditions*

(telephone less than 15 mins): included in above for those undergoing a course of treatment

Medication is included in this price, there are no extra charges.

Some health insurers allow members to recoup a portion of the fees they pay for homeopathic treatment. You should check with your own health insurer for details.



**Galway College of Homeopathy**

**Clare Sheehan**  
**Homeopathic**  
**Practitioner**

**Lic B.S.H., M.B.S.H., I.S.Hom**

**Ennistymon, Co. Clare.**

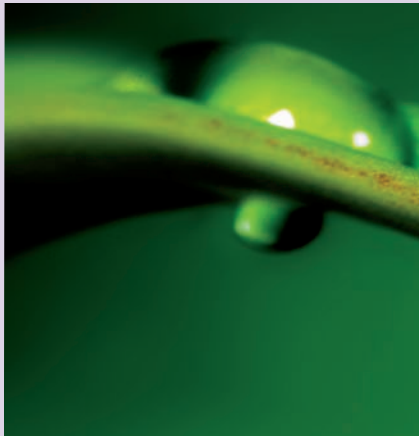
**Tel:**

**086 3823205**

## ABOUT HOMEOPATHY

Homeopathy was developed in the late 1700s by a German physician and chemist - Samuel Hahnemann. He found that sick people were hypersensitive to certain substances which, when matched to the symptoms of their complaint, could bring about cure.

Homeopathy is a safe and gentle system of medicine which can be used to treat people with a whole range of conditions - for example, digestive disorders, anxiety and panic attacks, depression, asthma, headaches, sinusitis, eczema and arthritis to name but a few.



## HOMEOPATHIC TREATMENT

focuses on the whole person whether their presenting complaint is physical, mental or emotional or a combination of these. Homeopaths use remedies made from substances in the plant, animal and mineral kingdoms. The remedies are given in minute doses. Homeopathy is suitable for everyone from very young babies to elderly men and women and during pregnancy. Patients who are on prescribed medicines can still use homeopathy. Coming off prescribed medicines, however, should only be done under the supervision of your general practitioner or medical specialist.



## FURTHER INFORMATION

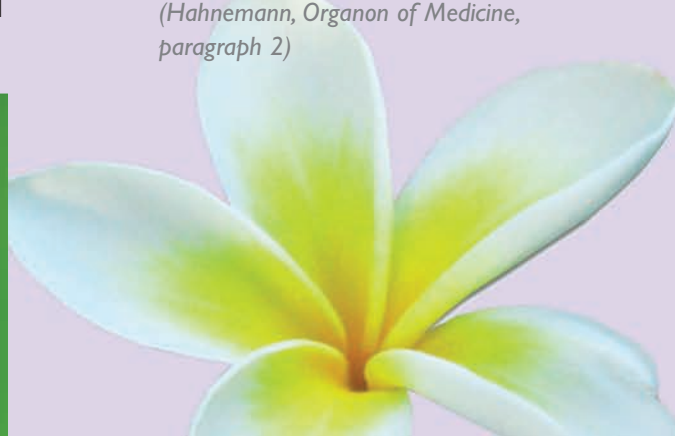
on homeopathy can be viewed on our regulatory body website

[www.irishhomeopathy.ie](http://www.irishhomeopathy.ie)

The Irish Society of Homeopaths regulates the profession of Homeopathy in Ireland.

As a member of the Society I am obliged to practise with full insurance cover and abide by the Society's Code of Ethics and Practise

*"The highest ideal of a cure is rapid, gentle and permanent restoration of the health, or removal and annihilation of the disease in its whole extent, in the shortest, most reliable and most harmless way, on easily comprehensible principles."*  
(Hahnemann, Organon of Medicine, paragraph 2)



## WHAT TO EXPECT

Your first visit will last one to two hours. Subsequent visits are usually shorter. I may prescribe a remedy on the spot – particularly for limited condition such as a sore throat. Where symptoms have been present for some time - say eczema for example – I may need time to review the patient's case notes before prescribing the remedy. Visits are usually four to six weeks apart. It is difficult to predict how long treatment will take because each person presents with their own unique pattern of illness. However, I always recommend three visits initially in order to assess the situation fully. On the third visit if for some reason your condition is not improving then I may refer you or request your permission to consult a colleague.